



VA STATE MASTER'S CRITERIUM CHAMPIONSHIPS

Saturday June 11, 2005

Assault Craft Unit 4, Naval Amphibious Base Little Creek,
Norfolk, VA

A Virginia Cycling Association BAR event

CATEGORY	LAPS (~1 mile)	PRIZES/PLACES*	START	ENTRY FEE
Men 5	25	BAR points only	8:00	\$20
Women 40+	25	\$100/7; 3 medals	9:15	\$25
Men 50+/60+	25	\$100/7; 3 medals	10:30	\$25
Men 40+	30	\$150/7; 3 medals	11:45	\$25
Men 30+	35	\$200/5; 3 medals	1:15	\$25
Juniors (10-14/15-16/17-18)	18	\$50/5; medals	3:00	\$10

*****RACER PRE-REGISTRATION MANDATORY FOR SECURITY REASONS!*****

******* PICTURE ID REQUIRED TO ENTER BASE *******

If you plan to bring guests with you onto the base, we need to have their names as well!!

Entry fees include \$1 to Virginia Cycling Association and \$2 insurance fee. Second race \$10. USCF permit pending. Pre-register @ BIKEREK.COM by 6/3/05 @ midnight or send completed standard release form and check to: TRIPower, C/o Kevin Horvath, 1201 Woodstream Court, Chesapeake, VA 23322. **Guest registration is also mandatory.** Guest's names should be provided to B.J. Samuel at BJgo262@aol.com. Race is open to all comers; only VA residents are eligible for BAR points. **IF BASE SECURITY DOES NOT HAVE YOUR NAME OR YOUR GUEST'S NAME, YOU WILL NOT BE PERMITTED TO ENTER.**

** or 25% of entry fee, whichever is greater; Medal to top 3 VA resident finishers in each category.*

Course Description: Flat oval on smooth concrete. Four wide turns. Permit pending. For more info contact: John Flora at jflora1@cox.net of 757/685-4809 before 9 pm.

Directions: From I-64 East or West take the Northampton Blvd (Route 13) exit East towards the Bay Bridge Tunnel. Take the second Independence Blvd. exit North towards the Naval Amphibious Base, (you will cross back over Northampton Blvd). Continue on North Independence Blvd directly to Gate 5 of the Amphib Base. At second traffic light take Left on Gator Blvd. Take Right on Helicopter Rd. Follow road around to ACU4. Access to course is to the far right of hangers.

Race runs rain or shine.

ACU4 and Naval Amphibious Base, Little Creek assume no liability for any injury or accident involving any participant of this event. The U.S. Navy does not officially endorse any company sponsor or their product or their services associated with this event.

